

## Vascular Treatment Timeline

### To help patients plan for varicose vein treatment

#### Initial Vascular Consult

A vascular treatment plan will be based upon the findings of an ultrasound exam in conjunction with the doctor's evaluation of your legs. Patients are usually given a prescription for thigh high 20-30 mmHg compression hose. Most insurance companies require a 3-month waiting period/trial of conservative therapy before the prescribed treatment can be performed.

#### Hose Check - 3 months after Initial Vascular Consult

A "Hose Check" will be scheduled 2 ½ to 3 months after a patient's initial consult. At this time, a request for pre-authorization of services will be sent to the patient's insurance company.

**Note: Insurance companies have up to 14-days to respond to any request. If the patient's insurance company requires pre-authorization, they will send the patient and the Vascular Institute a letter of determination of services. If the patient's treatment is authorized, the Vascular Institute will notify the patient and schedule the treatment.**

#### Procedure

After services are pre-authorized, most insurance companies require that services be performed within 30-90 days. The Vascular Institute tries to schedule a patient's procedure as quickly as possible after they have received the patient's pre-authorization of services. Please keep in mind there may be some delays due to the availability of each doctor and patient's schedule constraints.

#### Post Procedure – 2-4 days after the Procedure

If a patient has a venous ablation, an ultrasound of your treated leg is usually scheduled 2-4 days after the procedure. This is necessary to check for the effectiveness of the procedure and look for deep vein clots/thrombosis.

#### Check-up - 3 weeks after the Procedure

After 3 weeks, patient's return to see their doctor for a check-up appointment. At this time, the doctor evaluates the patient's legs and answers any questions or concerns. Patients should bring their compression hose to this appointment.

#### Sclerotherapy

One session of sclerotherapy for each treated leg is included in the vascular treatment plan. Patients may schedule their session for any time after their 3-week check-up. Sclerotherapy may be performed months to years after the patient's treatment. Though there must be a 3-4 week minimum waiting period between sessions of sclerotherapy.

**From the Initial Vascular Consult to the final Check-up, total treatment time can take up to 6 months.**